

**The Eagle Lake 4-H Club**  
 Will hold a summer Bake Sale  
**Saturday, July 25 8 a.m. -noon**  
**At Brookshire Brothers and**  
**Eagle Lake Drugstore**  
 All proceeds will be used for local 4-H  
 Scholarships and Club Activities...  
 Please come out & support our youth!

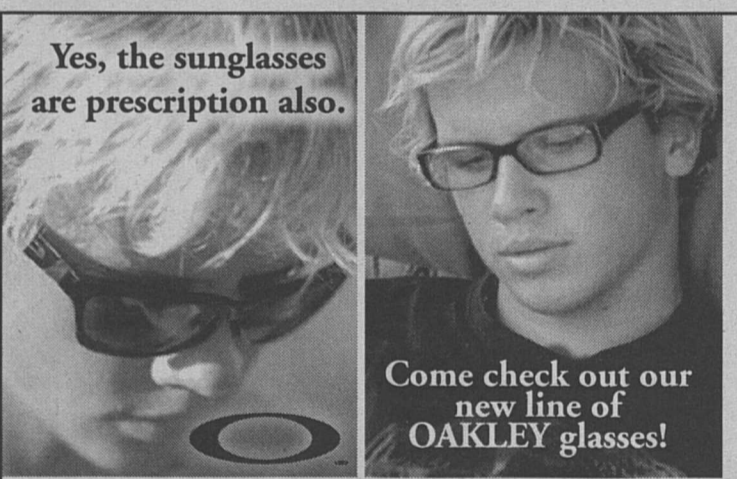
**ALAMO DRIVING SCHOOL**  
**DEFENSIVE DRIVING**  
*Ticket Dismissal - Insurance Discount*  
**Place:** Los Cucos Mexican Cafe  
 (211 W. Elm Street - Wharton)  
**Date:** 1st and 3rd Saturday of Each Month  
**Time:** 9:15 a.m. - 3:30 p.m.  
 (Registration: 7:45 - 8 a.m. Must be on Time!)  
 Limited Space (First 50 People) Walk-ins Welcomed!  
**For reservations call 281-980-7587**  
 State Approved CO-500-000 CP107

**Eagle Lake Funeral Home**  
**Monuments - Pre-Arranged Burial Plans**  
**Family Owned**  
 Barry D. Shepard, Funeral Director • Frank Navarro  
 607 N. Mc Carty Ave., Eagle Lake, Texas  
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**Treatments for Atrial Fibrillation**  
 Atrial fibrillation, also known as *afib*, is a common type of arrhythmia, a condition in which the heart beats rapidly and out of normal coordination. Over 2 million people in the United States are affected by this condition. The risk of afib increases in men with increasing age, as well as in persons with a heart condition or family history of afib. Other potential causes of this condition include high blood pressure, a heart attack, and certain medications. Signs and symptoms of atrial fibrillation include shortness of breath, chest pain, and weakness. Symptoms may come and go, also known as *paroxysmal atrial fibrillation*, or, if the condition is chronic, symptoms may persist until treatment is started. Although afib may lead to a stroke or heart failure, medications are available to help prevent complications.  
 Treatment is aimed at controlling heart rate or rhythm, and preventing blood clots. Medications for heart rhythm control include sodium channel blocker medications such as *flecainide* (Tambacor) and *propafenone* (Rhythmol), as well as potassium channel blockers, such as *amiodarone* (Cordarone, Pacerone), *dofetilide* (Tikosyn), and *ibutilide* (Corvert). *Digoxin* (Lanoxin) may be prescribed to help control heart rate. *Warfarin* (Coumadin) may also be prescribed to help prevent blood clots.

**Yes, the sunglasses are prescription also.**

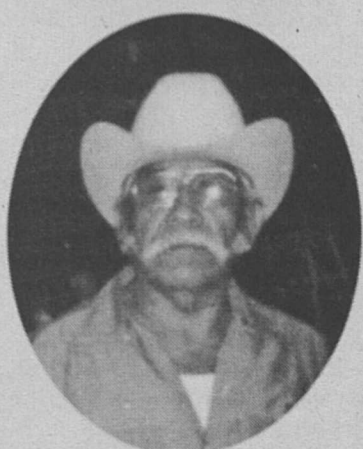


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<b>Todd Hovis, MD</b>	<b>Lori J. Learned, MD</b>	<b>Arun G. Nayyar, MD</b>	<b>Hanh M. Nguyen, OD</b>
<b>COLUMBUS</b> 979-732-5771	<b>KATY</b> 281-829-3937	<b>LA NAYAR</b> 979-968-3953	<b>SEALY</b> 979-885-0665

**Obituary**



**Pedro Ramirez Becerra**  
 Pedro Ramirez Becerra, 73, of Eagle Lake passed away July 16 in Eagle Lake.  
 He was born August 28, 1935 in Cd. Victoria Tamaulipas, Mexico the son of Pedro and Herlinda Ramirez.  
 Pedro was a self-employed truck driver and member of Living Hope Church in Eagle Lake.  
 He was preceded in death by his parents; and sister, Alicia Salas.  
 Survivors include his wife, Carmen Ramirez of Eagle Lake; daughters, Martha Ramirez and Alicia Ramirez both of Cd. Victoria Tamaulipas, Mexico, Nelda Reyes and Martin of Eagle Lake, Martha Yanez and Jesse of Eagle Lake, and Maria Diaz and Noe of Eagle Lake; sons, Martin Ramirez and Elsa of Eagle Lake and Javier Ramirez of Cd. Victoria Tamaulipas, Mexico; brother, Ezequiel Ramirez of Houston; nephews, Alfredo Salas, Ruperto Salas, Cesar Salas and Israel Ramirez, all of Eagle Lake; 25 grandchildren; and 11 great-grandchildren.  
 A prayer service was held at Eagle Lake Funeral Home on Sunday, July 19 at 6 p.m. with Joe Morales and Revs. Joe and Mercy Fling officiating.  
 Burial will follow at a later date.  
 Eagle Lake Funeral Home was in charge of arrangements.  
 Honorary pallbearers were Pete Martinez, Cesilio D. Reyes, Jr., Aaron J. Yanez, Noe Diaz, Jr., William X. Diaz, Marco Ramirez and Martin Ramirez, Jr.  
 Sympathy is extended to the family in their loss.

**High Cholesterol: Managing the Risk**

Susan Brooker thought she was doing all she could to take care of herself.  
 The 60-year-old exercised, ate healthy, and stayed active.  
 As an avid softball player, she spent months training to play in the August 2009 National Senior Games.  
 In preparation for the competition, Susan went to see her doctor for a routine checkup.  
 After a thorough physical and blood tests, Susan was diagnosed with high cholesterol.  
 "I was really surprised. I had family members who suffered from high cholesterol, so I knew a little about the disease.  
 My physician assistant, Ronnie Diem, PA-C, took the time to explain that because of my elevated cholesterol, I developed atherosclerosis, which is the buildup of plaque in the arteries."  
 "Atherosclerosis can develop silently over many years and may have no symptoms," Diem said.  
 "Elevated cholesterol increases your changes of developing buildup of plaque in the arteries.  
 Patients like Susan may be unaware of the problem because they can't see or feel the disease."  
 In addition to Susan's elevated cholesterol, she had other risk factors, such as her age and family history.  
 "My total cholesterol levels were too high - over 200 mg/dL.  
 And since my grandfather had a history of heart disease, Ronnie explained that I was considered to be in the 'at-risk' category," Susan said.  
 Ronnie told Susan she was going to have to make some lifestyle adjustments if she was going to be in peak condition for competing in the Senior Games.  
 "I wanted to get Susan eating right and exercising differently," he said.  
 "In addition to these lifestyle changes, based on her elevated cholesterol and additional risks, I felt a cholesterol-lowering statin medication was necessary."  
 The goal was to reduce her LDL (bad) cholesterol and raise her HDL (good), so Ronnie prescribed Crestor (rosuvastatin calcium).  
 "In clinical trials, Crestor has been proven to be a highly

effective cholesterol treatment option.  
 It is the only statin approved by the FDA to slow the progression of atherosclerosis at any stage of the disease as part of a treatment plan to lower cholesterol to goal," he said.  
 Since Susan was diagnosed, her total cholesterol has dropped, and her LDL and HDL levels are where they should be.  
 "My experience has taught me that even if you think you're healthy, you should exercise regularly, eat a healthy diet, and get your cholesterol checked."  
 Susan recommends finding support from others working to maintain their target cholesterol goal and joining programs that help you set and achieve these important goals.  
 "I joined the Crestor 360 support program, which showed me how to prepare healthy foods low in cholesterol and saturated fats, gave me tools to stay physically active, coupons for my Crestor prescription, and great advice on how to meet the cholesterol goal my doctor set."  
 You should know statins aren't

right for all patients with high cholesterol.  
 For instance, Crestor is not right for anyone who has had an allergic reaction to it, or those with liver problems, women who are nursing, pregnant, or who may become pregnant.  
 Doctors perform blood tests before and during treatment to monitor liver function.  
 Crestor has not been approved to prevent heart disease, heart attacks, or strokes.  
 As with any medications, you should always monitor side effects.  
 Unexplained muscle pain and weakness could be a sign of rare but serious side effects and should be reported to your doctor right away.  
 Some other side effects can include headache, muscle aches, abdominal pain, weakness, and nausea.  
 Remember to talk to your doctor about your cholesterol.  
 For more information about Crestor, the full prescribing information and the Crestor 360 support program, call 1-800-CRESTOR, or visit Crestor.com.

**Tips For Avoiding Check Scams And Frauds**

Nearly one-third of adults have been approached by scammers trying to pass fake checks and at least 1.3 million people have fallen victim, with an average loss of \$3,000 to \$4,000, according to research from the Consumer Federation of America.  
 Scams involving fake checks come in different forms and can be hard to identify as printing technology used by scammers improves.  
 Fake check scams typically require victims to deposit checks into their bank accounts then wire money back to the scammers.  
 While the fake check initially may be deposited into the victim's bank account, it usually is discovered within weeks and the bank takes the funds out of the account.  
 Some of the top scams involve

fake lotteries, phony government grants, and mystery or secret shopping schemes.  
 The Better Business Bureau advises consumers to beware of these red flags:  
 You're told you won a lottery or grant for which you didn't apply.  
 The name on a check doesn't match the name of the company or individual with whom you're dealing.  
 You're given instructions to deposit a check into your account and promptly wire part of those funds back to sender or to another specified company or contact.  
 Don't be fooled by phone calls. Just because you've spoken to scammers, doesn't mean they're not trying to rip you off.  
 For more advice on scams, visit [www.bbb.org](http://www.bbb.org).

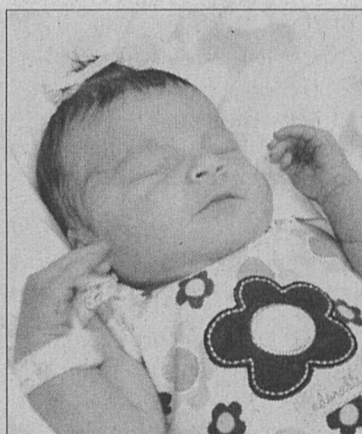
**Rotary reports on recent meeting**

Three guests were in attendance at the Rotary Club of Eagle Lake meeting, Wednesday July 15. Harold Raabe, Vic Scott and Morris Howland brought the members up to date on what they have been doing of late.  
 Mr. Raabe reported on the progress being made by Habitat for Humanity in Eagle Lake.  
 Also, new member Billy Mascheck of Brookshire Brothers was introduced.  
 George Cason reported that the Polio Plus Program participation was once again at 100%.

Bill Harrison Jr. reported that things are moving along on the Lighthouse clean-up and remodeling and invited members to drop by and help out.  
 Kevin Collison reported on the Library reading program and club members took up a collection and contributed over \$100 to that cause.  
 Each week the club now invites five different Eagle Lake citizens to have lunch with them in an effort to determine areas in which Rotarians might be able to lend assistance.

**New Arrivals**

**Ashly Kimberly Hernandez**  
 Paulino Hernandez and Rosenda Bonilla Vega Hernandez of Eagle Lake are pleased to announce the birth of their fourth child, a daughter, born July 15 at 4:50 a.m. at Rice Medical Center in Eagle Lake.  
 Ashly Kimberly weighed six pounds, 13 ounces.  
 She was welcomed home by three brothers, ages 14, 12 and 4.  
 Maternal grandparent is Jacinta Vega of El Salvador.  
 Great-grandparent is Florida Bonilla of El Salvador.



**Hailey Marie Seahom**  
 Gus and Shanna Seaholm, Jr. of Rosenberg are pleased to announce the birth of their daughter.  
 She was born on July 8, at 2:12 p.m. at Sugar Land Methodist Hospital.  
 Hailey Marie weighed seven pounds, 6.3 ounces and measured 20 1/2 inches in length.  
 She was welcomed home by her brother, Wesley Wrobliski, age five.  
 Proud grandparents are Gus and Shirley Seaholm of Eagle Lake and Wes and Joyce Wrobliski of Rosenberg.

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**EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL:** 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.  
**GREATER RISING STAR BAPTIST CHURCH:** 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.  
**GREATER UNION BAPTIST CHURCH:** Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.  
**MT. CARMEL MISSIONARY BAPTIST CHURCH:** Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.  
**LIVING HOPE CHURCH:** Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.  
**BEREA CLADIC:** 623 Maple Avenue, Eagle Lake; 234-2130.  
**ROCK ISLAND FULL GOSPEL:** P.O. Box 232, Rock Island; 234-5840.  
**CHRISTIAN CITY FELLOWSHIP:** 1140 Meyer, Sealy; Rusty Griffin, Pastor.  
**THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR:** FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.  
**GREATER NEW FAITH CHURCH:** 6406 Guyler, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.  
**EAST BERNARD FIRST BAPTIST**  
**FIRST BAPTIST:** 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.  
**FRIENDSHIP BAPTIST:** 405 S. Lake, Eagle Lake; 234-5795.  
**IGLESIA BAUTISTA GETSEMANI:** 901 B Street, Eagle Lake; Rev. Mario Vasquez.  
**GREATER MT. OLIVE BAPTIST:** Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.  
**WRIGHT GROVE BAPTIST:** Rev. T.J. Cunningham Jr.; Altair.  
**PROVIDENCE BAPTIST:** 1207 Seabloom, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.  
**CHRIST EPISCOPAL CHURCH:** 306 E. Stockbridge, Eagle Lake; 234-3437.  
**ROCK ISLAND BAPTIST:** Bob Allison, Pastor.  
**SHERIDAN FIRST BAPTIST:** FM 2437, 234-3136.  
**WHITE CLOUD BAPTIST CHURCH:** 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.  
**JESUS IS MY REFUGE:** 115 N. McCarty, Eagle Lake; Rev. Diana Aguilera.

**CHURCH OF CHRIST:** Sheridan.  
**NEW LIFE FELLOWSHIP:** Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.  
**CHRIST OUR REDEEMER-Charismatic:** Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.  
**HOLY CROSS CATHOLIC CHURCH:** East Bernard.  
**CATHOLIC PARISH OF THE NATIVITY:** Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.  
**ST. MARY'S CATHOLIC CHURCH:** Box 97, Nada; Fr. Joe Vrana; 758-3218.  
**GRACE LUTHERAN:** 408 N. Stevenson, Eagle Lake; Services begin at 11 a.m.; Rev. Bill Mosley, Pastor; 234-3381.  
**LEHRER MEMORIAL UNITED METHODIST:** Garwood; 9 a.m. worship.  
**LISSIE UNITED METHODIST:** Rev. Janice Kerlee, Pastor; 234-2112, Lissie.  
**ROCK ISLAND METHODIST:** Ken Sellar Jr. Lay-Pastor.  
**UNITED METHODIST:** 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.  
**FIRST PRESBYTERIAN:** 106 E. State Street, Eagle Lake; 234-3368.  
**VINE OF THE LORD:** 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.  
**CROSSROAD ASSEMBLY OF GOD:** 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.  
**THE CHURCH OF CHRIST OF LATTER-DAY SAINTS:** 600 W. St., Sealy; Marshall Crosby, Branch Pres.  
**CHURCH OF CHRIST:** 815 Milam, Columbus; Lynn Wilson, Minister.  
**THE SHEPHERD'S WAY:** Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.  
**SOUTH POINT BAPTIST CHURCH:** 6407 Hwy 71-S, Garwood; 979-758-3039.  
**ASSEMBLEA DE DIOS HOSANNA:** 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.  
**BIBLE TRUTH APOSTOLIC CHURCH:** Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331-non-denominational.

**Bible Verse of The Week**

"Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, 'The Lord is my portion; therefore I will wait for him.'"

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